

# Report of the 14th International Scientific Conference on Transformation Processes in Sport “Sports Performance”

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## ABSTRACT

*The article discusses the highlights of the 14th International Scientific Conference on Transformation Processes in Sport "Sports Performance", which was held in Budva, Montenegro. The event comprised oral and poster sessions. Assistant Professor, Stevo Popovic, Dean of the Faculty for Sport and Physical Education at University of Montenegro, gave one of the opening speeches, as well as Associate Professor Marko Stojanovic, invited speaker from Faculty of Sport and Physical Education at University of Novi Sad, as well as Mr. Dusan Simonovic, president of Montenegrin Olympic Committee, who officially opened the conference.*

**Key words:** Sports -- Congresses, Conferences & Conventions, School Sports -- Congresses

The Montenegrin Sports Academy, in cooperation with the Faculty of Sport and Physical Education and the University of Montenegro, traditionally organizes, in the first week of April, an annual scientific conference on multidisciplinary areas of sport science. Aside from the above-mentioned institutions, the organization of this year's 14th International Scientific Conference on Transformational Processes in Sport titled “Sports Performance”, held from 31 March – 2 April 2017, was joined by similar international organizations, primarily by the Faculty of

Sport and Physical Education of the University of Novi Sad (Serbia), and also by the Faculty of Sport and Physical Education of the University of Sarajevo (Bosnia and Herzegovina), the Asian Exercise and Sport Science Association (Iran), International Science Culture and Sport Association (Turkey), and the European College of Sport Science from Köln (Germany). Traditional support for organizing the conference came from the Montenegrin Olympic Committee.

The Montenegrin Sports Academy, in cooperation with the



Picture 1. The opening ceremony

Faculty of Sport and Physical Education, and under the auspices of the University of Montenegro, has for four years (Bjelica, Popovic & Akpinar, 2014, 2015, 2016) been trying to raise the standards as far as the scientific conference is concerned, as well as when serial publications are concerned, and to attain the highest world standards. This year's scientific conference (Bjelica, Popovic & Akpinar, 2017) published on its official website a call for submissions in August last year, and the deadline for the submission of papers passed on 15 December 2016 and was postponed to 15 January 2017. Simultaneously with receiving the papers, the Organizing and Scientific Committees worked hard, headed by the president of the conference prof. dr Dusko Bjelica, and the presidents of the Scientific Committee doc. dr Stevo Popovic and doc. dr Selcuk Akpinar from the Nevsehir Haci Bektas Veli University in Cappadocia (Turkey), and, as was determined, concluded the list of accepted papers for presentation on the first day of February. On that day, 156 scientific papers were accepted for presentation, for which 233 names, i.e. authors were registered, from 38 different countries (Albania, Australia, Bosnia and Herzegovina, Bulgaria, China, Croatia, Czech Republic, Egypt, Germany, Ghana, Hungary, India, Indonesia, Iran, Iraq, Japan, South Korea, Kosovo, Lithuania, Macedonia, Malaysia, Montenegro, Nigeria, Poland, Romania, Russia, Saudi Arabia, Serbia, Slovakia, Slovenia, Spain, Switzerland, Taiwan, Tunisia, Turkey, Ukraine, United States of America and the United Kingdom) and 4 continents. The areas allowed by the call for submissions were: biomechanics, motor learning, adapted physical education, biochemistry, health and fitness, molecular biology, neuromuscular physiology, nutrition, physiology, physiotherapy, rehabilitation, sports medicine, training and testing, traumatology, computer sciences, economics, history, philosophy and ethics, physical education and pedagogy, psychology, sociology, sports management, analysis and statistics in sport. However, for objective reasons, a number of authors did not complete their registration, so the final number of papers that entered the

official programme of the conference was reduced to 80 papers, for which 163 names, i.e. authors were registered, from 23 different countries (Albania, Bosnia and Herzegovina, China, Croatia, Czech Republic, Hungary, Iran, Iraq, Kosovo, Lithuania, Montenegro, Nigeria, Poland, Russia, Saudi Arabia, Serbia, Slovakia, Slovenia, Spain, Switzerland, Turkey, United States of America and the United Kingdom) and 4 continents.

It is very important to mention the authors that constituted, or are still constituting the Scientific Committee, bearing in mind that they represent eminent names in multidisciplinary areas of sport science: Ana Maria Botelho Teixeira, Antonino Bianco, Asterios Deligiannis, Beat Knechtle, Bojan Jost, Carlos Goncaves, Daniela Dasheva, Dejan Madic, Elena Taina Avramescu, Ferman Konukman, Feza Korkusuz, George Giatsis, Georgi Georgiev, Gregor Jurak, Guilherme Giannini Artioli, Haris Pojskic, Hugo Sarmento, Jan Konarski, Jonatan Ruiz Ruiz, Jorge Knijnik, Josko Sindik, Juan Manuel Cortell Tormo, Julio Calleja-Gonzalez, Lateef O. Amusa, Mahboub Sheikhalizadeh Heris, Maïke Tietjens, Manuel J. Coelho-e-Silva, Michael Chia, Michal Vit, Milan Coh, Morteza Jourkesh, Mustafa Levent Ince, Nejc Sarabon, Praveen Kumar, Raul Arellano, Rusu Ligia, Sandra Mandic, Sergej Ostojic, and Yang Zhang. On the other hand, organizing the conference at such a high level would not have been possible without the strong contribution of the president, prof. dr Kemal Idrizovic and the members of the Organizing Committee: Aldijana Muratovic, Batric Markovic, Danilo Bojanic, Dragan Krivokapic, Ivan Vasiljevic, Jovan Gardasevic, Marija Bubanja, Milovan Ljubojevic, Miroslav Keszunovic and Rajko Milasinovic.

The opening ceremony of the 14th International Scientific Conference on Transformational Processes in Sport titled "Sports Performance" was held on Friday, 31 March at 4 pm. The foreword was given by the Dean of the Faculty for Sport and Physical Education, doc. dr Stevo Popovic and the Chair of the Scientific Board who, in a moving speech, initiated a two-day activity that was conducted in three oral sessions (consisting of two pa-



Picture 2. Gold plaquettes awardees



nels each, with six and seven presentations, respectively) and two poster sessions (consisting of two panels each, with ten and eleven presentations, respectively). The special guest of the Conference was a president of Montenegrin Olympic Committee who officially announce the conference opened. During the opening ceremony, on behalf of invited speakers, prof. dr Marko Stojanovic gave a speech and highlighted the importance of this kind of conferences and the greatness of this one conference continuity. Next to professor Stojanovic and Mr Simonovic, three more persons received the golden plaguette for its personal contribution to the development of the science of sport at the international level awarded by the Montenegrin Sports Academy: prof. dr Zoran Milosevic from the Faculty of Sport and Physical Education at University of Novi Sad, then prof. dr Izet Radjo from the Faculty of Sport and Physical Education at University of Sarajevo, as well as the Rector of University of Montenegro, prof. Radmila Vojvodic. The plaquettes were awarded at the end of the opening ceremony.

As is the case with every scientific conference, our conference also involved invited lecturers. This year's guests at the 14th International Scientific Conference on Transformational Processes in Sport titled "Sports Performance" held from 31 March to 2 April 2017, represent eminent names coming from the partner institutions, primarily prof. dr Ali Reza Amani from the Shomal University in Iran (who talked about the effect of two weeks sand base interval training with blood flow restriction on aerobic performance among young soccer players at transition phase), prof. dr Marko Stojanovic from the University of Novi Sad in Serbia (who presented the lecture under the title "Don't go with the flow- occlusion training for health and performance benefits"), prof. dr Ines Varela-Silva from the Loughborough University in United Kingdom (who talked about the sport as a transformational process: a multidisciplinary and biocultural approach), and prof. dr Robert C. Schneider from the State University of New York in United States of America (who talked about the improving sport organization productivity through autonomous em-

ployees). On the other hand, prof. dr Mutlu Turkmen from Bartın University in Turkey supposed to talk about female Turkish athletes in Olympic Games, history of socio-cultural challenge; however, he had to cancel his visit because of the political situation in Turkey.

It is also worth emphasizing that two workshops were also organized, which allowed those present at the Conference to meet prof. dr Narcis Gusi from University of Extremadura in Spain who is a Professor in Physical Activity and Health and head of the research group Physical Activity, Quality of Life and Health integrating members from university and health care system. He is also a member of the Steering Committee of The European Network for the Promotion of Health-Enhancing Physical Activity (HEPA Europe) that is a network of the WHO Regional Office for Europe, and member of Task Forces in EuroQol Foundation (Quality of Life and Health Economics). He talked about building a health enhancing physical activity service. The workshops also allowed those present at the conference to meet the representative of the Euroleague Basketball, Mr Goran Sasic who talked about managing a coaching staff of specialists.

It is worth emphasizing that the Conference participants have the opportunity to publish their papers in the reputable journal Sport Mont which represents an international journal registered at more than 10 index databases. This journal has an ascending trend of recognisability in the world, so we do expect its further improvement and faster inclusion in a larger number of important index databases such as Scopus (under review) and Web of Science. On the other hand, the authors of the best papers received a special invitation to prepare the text for the other journal published by the Montenegrin Sports Academy titled "Montenegrin Journal of Sports Science and Medicine", which is already highly ranked and represents one of the best journals in Montenegro at large. It is important to emphasize that over 40 index databases recognized the quality of this journal and introduced it into their index pages. The greatest success represents the inclusion of this journal by Scopus and Web



Picture 3. YRA and FRA awardees

of Science, while the impact factor of 87.9 which the Index Copernicus assigned to this journal. It is also interesting to mention that Cite Score Tracker 2017 by Scopus has calculated 0.40 score on 07 October, 2017 that is very good score for the first tracking year.

One of the key objectives of the Montenegrin Sports Academy is the promotion of junior scientists and the fostering of

state-of-the-art research. For this purpose the Montenegrin Sports Academy established the Young Researchers Award (YRA) and this year alumni was Marko Gusic from University of Novi Sad in Serbia. On the other hand, the second award of the Montenegrin Sports Academy, the Female Researchers Award (FRA), goes to Dr. Jana Nova from Masaryk University in Czech Republic.

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